

Welcome to the

Amansala Spa/Salon

at the Scottsdale Resort & Conference Center

Relax Refresh Renew Rejuvenate Replenish Reinvent

Our staff invites you to join us for a well deserved escape from your busy schedule.

Our therapists understand that each individual has unique needs and preferences and we are dedicated to providing the ultimate personal care you deserve.

Our goal is to provide a spa experience that will rejuvenate your body and renew your spirit...

All guests of our spa have full access to the fitness center and amenities.

We provide robe and slippers; lockers are available for your convenience.

To enhance your experience and the benefits of the treatment, we suggest the use of the sauna followed by a shower prior to any body services.

You may request a male or female therapist; however, we cannot guarantee any particular therapist.

Late arrivals will receive abbreviated treatments.

Spa services must be cancelled 24 hours in advance to avoid full cancellation charge.

For your convenience, 20% service charge will be added to your treatment.

Prices are subject to change.

Advance reservations recommended for:

- Massage 8am - 8pm Sunday - Saturday
- Aesthetics and Salon Services
9am - 6pm Tuesday - Saturday
Sunday and Monday available on request.
- Fitness Center hours
5:30am - 10pm Sunday - Saturday

For more information on Sports & Fitness and the Amansala Spa/Salon, In-house dial extension 555 or visit us at www.VisitAmansala.com

SPA PACKAGES

Revitalizing

55min Swedish Massage/50min Personalized Facial. This package offers total relaxation and will leave you feeling renewed and ready to take on the world.

2hrs \$210

Rejuvenating

55min Aromatherapy Massage/50min Equilibrium Facial. Rejuvenate your body and rehydrate your skin. Perfect to combat the drying effects of plane travel or a day in the sun.

2hrs \$215

Purifying (Ladies only)

Soak/55min Swedish Massage/30min Body Wrap. The ideal treatment if you are looking to stimulate circulation and flush out impurities.

2hrs \$175

Duffer's Diversion

55min Deep Tissue Massage/30min Soothing Facial. Missed every green? Your ego was not the only thing damaged on the course today. This is the perfect treatment to address muscle tension and the damage done by our Sonoran sun.

1hr 30min \$170

Mid-Day Break

30min Quick Lift Facial/ 30min Manicure. One hour is all you will need to look and feel refreshed.

1hr \$80

Gentlemen's Escape

55min Deep Tissue Massage/50min Gentlemen's Facial/30min Hand Grooming. Guaranteed to start undoing even a lifetime of negligence as well as providing relaxation before your next high pressure meeting.

2hrs 30min \$245

Relaxing

30min Equilibrium Facial/30min Reflexology. Package designed with our busy guests in mind... Relieve tension, balance your entire body and look refreshed in just 30minutes.

30min \$140

Indulging

2hr Hot Stone Massage/30min Puri Yoga Treatment. Indulge yourself with this incredibly unique and relaxing experience to melt away body tension and insure a radiant glow.

2hrs 30min \$250

Beautifying

30min Reveal Treatment/Sonoran Body Rejuvenation. Make the most of your time by experiencing our Reveal treatment while being comfortably cocooned and reaping the benefits of our Sedona mud wrap.

1hr 30min \$240

Awards Night

50min Microcurrent Facial/1hr Manicure & Pedicure. This package has everything you need to look your best from head to toe.

2hrs \$210

Cocktail Hour

50min Equilibrium Facial/1hr Manicure & Pedicure/Cocktail of your choice. The perfect way to unwind and pamper yourself after a long day. Join us for Happy Hour and leave feeling recharged and ready for a night on the town.

2hrs \$195

MASSAGES

Swedish

In this relaxing massage, traditional Swedish techniques are used to increase circulation and promote relaxation.

25min/55min/85min \$75/\$110/\$145

Deep Tissue

Deeper manipulation and more detailed bodywork to address muscular tension from stress and activity induced soreness.

25min/55min/85min \$80/\$115/\$145

Aroma Therapy

In this soothing massage, the healing properties of essential oils are used in combination with Swedish massage techniques to enhance the benefits of the treatment and achieve deep relaxation.

25min/55min/85min \$80/\$115/\$145

Hot Stone

In this incredibly relaxing experience, warm basalt stones are used as an extension of the therapist's hands to massage the body and melt away tension.

85min/2hrs \$155/\$180

Scalp & Body

A perfect antidote to jetlag or the stress of a busy day. A full body Swedish massage accompanied by an aromatic scalp massage to help relieve stress, fatigue and body aches.

85min \$155

Reflexology

Pressure is applied to key points on the hands and feet to reduce tension, fatigue and balance the entire body.

25min \$85

Neck, Back & Shoulder

Perfect treatment when your busy schedule only allows time for a quick but much needed break. This treatment will help relieve tension and leave you feeling energized.

25min \$75

Amansala Sampler

Perfect selection when it is simply too hard to choose....

Experience 4 massage modalities in one service: Swedish, Deep Tissue, Aromatherapy and Reflexology.

85min \$175

THE FACE

Personalized Facial

Deep cleansing and revitalizing facial, customized every time with your needs and well being in mind.

50min \$110

Organic Facial

Deep cleanse and hydrate with this 100% organic, chemical and preservative-free facial, rich in antioxidants and phytonutrients.

50min \$110

Equilibrium Facial

Deeply nourishing, this antioxidant-rich facial will hydrate and restore a glow to any skin type.

30min/50min \$65/\$110

Soothing Facial

Your skin will take comfort in this cooling and calming treatment which offers a gentle cleansing and a nurturing masque.

50min \$110

Gentlemen's Facial

Designed specifically with men's needs in mind. This treatment consists of 3 specialty masques to address deep pore cleansing as well as the care of the sensitive beard and eye area. Please shave at least 2hrs prior to treatment.

50min \$110

Back Facial

Designed for the purification, hydration and relaxation of this hard to reach and often neglected body part.

30min \$45

The Amansala Signature Facial

This luxurious treatment unites several effective treatments in one: enzymatic exfoliation, nourishing masque, aromatherapy accu-point facial massage, hand renewal treatment, eye contour masque as well as a hand & foot massage.... A gratifying spa journey that promises results.

75min \$160

All 50min services include hand, foot and facial massage as well as an eye contour masque.

FACIAL ADD-ONS

Nu Face Microcurrent

\$40

A great substitute for the manual facial massage.

Hand Renewal Treatment

\$35

An exfoliating, nourishing and immensely gratifying treatment for dry, depleted and tired hands.

Reveal Hand Treatment

\$45

Idebenone treatment to rejuvenate and diminish first signs of aging such as fine lines and age spots.

Décolleté Renewal

\$35

Wonderfully rich enzyme masque to brighten, hydrate and firm.

SPECIALTY TREATMENTS

TRUE Reveal Idebenone Treatment

Suitable for all skin types to improve elasticity, clarity of skin and plump fine lines and wrinkles with no irritation. Emerge with smooth, radiant and hydrated skin after just one treatment. Optimal results achieved with series of 6 treatments.

50 min service includes shoulder, hand & arm massage as well as the Idebenone treatment on the hands.

30min/50min \$90/\$145

PRIORI Coffeeberry Natureceuticals Treatment

Anti-aging treatment using nature's most potent botanical antioxidant to rejuvenate your complexion and resulting in soft, supple skin with a natural lift.

50min service includes massage on face, shoulder and arms as well as treatment on the décolleté.

30min/50min \$80/\$125

NU-FACE Microcurrent Facial

Anti-aging facial using the FDA approved Nu-Face microcurrent device. The relaxing and soothing low-level current lifts, tones and diminishes fine lines and wrinkles. This treatment will ensure a more youthful appearance instantly, and for up to 3 days.

50min service includes hand & arm massage.

30min/50min \$55/\$135

DNA CryoStem Cell Facial

Serums used in this facial contain all constituents found in our skin. When introduced, a cellular communication takes place affecting cell renewal and overall skin rejuvenation. Treatment provides immediate results that peak at 144hrs/6days post-treatment.

Includes facial, shoulder and hand & arm massage.

- Cell Therapy H ampoule: rich in hyaluronic acid to provide intense hydration, plump fine lines and wrinkles and leave skin supple and radiant. Recommended for mature, dry, dehydrated and photodamaged skin.
- Cell Therapy F ampoule: intended to protect, correct and rejuvenate skin that has lost its laxity. Also effective for balancing oily and acne prone skin. This ampoule has remarkable toning, firming and lifting effects.

75min \$190

THE BODY

Body Glow

An aromatic blend of Dead Sea salts and select oils is used to exfoliate the body for soft, supple and glowing skin. A misting of scented Shea butter and a hand & foot massage are the final steps to bring relaxation to this service.

50min \$110

Radiant Body Peel

Rejuvenate dull and discolored skin with the help of this multi-active resurfacer and restore hydration with the highly nourishing powers of grape, borage and black currant seed oils. An aromatic treatment that will energize and reveal smoother, brighter skin.

50min \$110

Coffeeberry Natureceuticals Slimming Treatment

Slimming treatment for the hips, abdomen and thighs. Designed to help firm, reduce inches and minimize the appearance of cellulite. Smoother texture after just one treatment. Optimal results with a series of 6.

50min \$110

Algae & Green Tea Body Wrap

Deeply penetrating, this treatment will detoxify and replenish the body with minerals to help relieve aches and pains, hydrate and restore suppleness. This treatment includes a scalp massage.

55min \$110

Sonoran Body Rejuvenation

This anti-aging treatment begins with a full body salt exfoliation followed by a nourishing Sedona red clay mud wrap, beneficial for purging toxins and replenishing minerals. A Shea butter mist hydration and a hand & foot massage are the final steps to this relaxing and truly indulging treatment.

1hr 30min \$160

HEALING TREATMENTS

Discover a deeper understanding of yourself with a spiritual energy session offered by Laureen Grenus, who has been a gifted intuitive and energy healer for the last 15 years as well as a nutritionist, certified herbalist, aromatherapist, and a Flower Remedy, Polarity and Reiki practitioner.

Energy Balancing & CranioSacral Therapy

Enjoy a deeply relaxing experience to balance the body, mind and spirit... Enter into a deep state of peace while resolving and releasing stress, as well as stimulating all body systems to encourage healing for a variety of conditions.

60min session / \$160 • 90min session/ \$200

Chakra Clearing, Balancing & Sacred Scents

Chakras are major energy centers in the body and when blocked or congested, cause imbalances in the body, mind and spirit. During this guided sacred soul journey, precious oils are used to anoint and enhance the chakras allowing for emotional healing and transformation. Clearing the chakras of these disturbances and releasing negative unwanted patterns, encourages the body to heal itself.

90min session \$200

Energy Healing & Nutritional Counseling

This session includes Chakra balancing with a focus on physical issues, dietary counseling, and emotional issues that may be blocking one from physical health and well-being. Herbal and nutritional advice will also be offered to support the healing of physical and emotional issues.

NOTE: this is not to be substituted for medical advice from your doctor but rather as a complimentary approach.

60min session / \$170

HAIR STYLING

Shampoo and Blow Dry	\$45
Shampoo, Cut and Blow Dry	\$65
Men's Hair Cut	\$40
Color	\$75
Full Weave	\$150+
Partial Weave	\$95+
Perm and Blow Dry	\$100+
Special Occasions and Weddings	Varies

**Charges vary depending on hair length, due to increased service time.*

NAIL SERVICES

AMANSALA MANICURE 30 min	\$30
AMANSALA PEDICURE 45min	\$50
SPA MANICURE 45min	\$50
SPA PEDICURE 1hr	\$75
FRENCH POLISH	add \$10
TIPS	\$75
FILLS	\$45
POLISH CHANGE HAND	\$18
POLISH CHANGE FEET	\$25
NAIL REPAIR	\$10

WAXING SERVICES

Brow	\$20	Under arm, Arm	\$20, \$45
Lip	\$15	Half, Full leg	\$40, \$75
Cheek	\$18	Bikini	\$35
Chin	\$15	French Bikini	\$45
Full face	\$60		

TINTING

Brow \$30 Lash \$30